



## **Initial Training Online: Illinois Alzheimer’s Disease and Related Dementia Care All Staff Training**

6 hours, 7 topics within 60 days of employment

**CareAcademy offers a 6-hour training program to meet the requirements for Dementia Care Staff training in Illinois.**

1. CARE1200 – Introduction to Dementia Care
2. CARE1201 – Communicating with a Person with Dementia
3. CARE1203 – Managing Agitation & Aggression in Dementia
4. CARE1204 – Safety in Dementia
5. PAC0001 – Teepa Snow | PAC Skills Make the Difference
6. PAC0002 – Teepa Snow | Meaningful Activities

STATE REGULATION — Title 77 Section 973.140 Staff Training	CAREACADEMY CLASSES
(c) Staff with direct access to clients with Alzheimer's disease or a related dementia hired after June 2, 2019 shall complete a minimum of 6 hours of initial training in the first 60 days of employment using an Alzheimer's disease and related dementias services curriculum, as defined in subsection (e).	
(e) An Alzheimer's disease and related dementias services curriculum shall include, at a minimum, the following topics:	
1.) Understanding dementia (e.g., hoarding, paranoia, hallucinations, and Sundown syndrome);	CARE1200 – Introduction to Dementia Care
2.) Effectively communicating with individuals with dementia	CARE1201 – Communicating with a Person with Dementia
3.) Assisting individuals with dementia in performing activities of daily living	Coming Soon! PAC0001 – Teepa Snow   PAC Skills Make the Difference
4.) Problem solving with individuals with dementia who exhibit challenging behavior	CARE1203 – Managing Agitation & Aggression in Dementia
5.) Fundamentals of dementia care	CARE1200 – Introduction to Dementia Care
6.) Safe environments (e.g., wandering)	CARE1204 – Safety in Dementia
7.) Managing the activities of individuals with dementia	Coming Soon! PAC0002 – Teepa Snow   Meaningful Activities

Services worker is competent to provide the services required in his or her assignment. The competency evaluation or proof of prior training at a licensed home services agency within the prior year shall address each of the following subjects:	
1.) The employee's job responsibilities and limitations	CARE0100 – What Does It Mean To Be A Professional Caregiver?
2.) Communication skills relating to persons who are hard of hearing, have dementia, or have other special needs	CARE0103 – Communicating with Older Adults; CARE1201 – Communicating with a Person with Dementia
3.) Observing, reporting, and documenting client status and care/services provided	CARE0203 – Observation, Reporting & Documentation: Part 1
4.) Performing personal care tasks for clients, including: bathing; skin care; hair care; nail care; mouth care; shaving; dressing; feeding; assistance with ambulation; exercise and transfers; positioning; toileting; and medication reminding;	CARE0300 – Assisting with Personal Care Through ADLs; CARE0400 – Assisting with Independent Living Through IADLs; CARE0404 – Assisting with Range of Motion Exercises
5.) Assisting in the use of specific adaptive equipment, such as a mechanical lifting device, if the worker will be working with clients who use the device;	CARE0300 – Assisting with Personal Care Through ADLs
6.) Basic hygiene and basic infection prevention and control practices	CARE0700 – Maintaining a Clean & Healthy Environment (Infection Control)
7.) Maintaining a clean, safe, and healthy environment	
8.) Basic personal and environmental safety precautions	CARE0802 – Safety Precautions & Falls Prevention: Part 1
9.) Recognizing emergencies and initiating emergency procedures, including basic first aid and implementation of a client's emergency preparedness plan	CARE0800 – Emergency Procedures  CareAcademy does not offer First Aid training and recommends agencies cover this in their company orientation.
10.) Confidentiality of client's personal, financial and health information	CARE0202 – Clients' Rights, HIPAA & Elder Abuse Prevention
11.) Understanding dementia	CARE1201 – Communicating with a Person with Dementia
12.) Problem-solving skills to care for patients with dementia who exhibit challenging behavior	
13.) Behaviors that would constitute abuse or neglect and the legal prohibitions against these behaviors, as well as knowledge and understanding of abuse and neglect prevention and reporting requirements	CARE0202 – Clients' Rights, HIPAA & Elder Abuse Prevention
14.) Any other task that the agency may choose to have the worker perform	CareAcademy has a full class library with dozens of options for home care worker tasks and client-specific conditions.

## Annual Training Online: Illinois Home Service Worker

8 hours, 4 topics: based on calendar year or date of hire.

**CareAcademy offers dozens of classes from which to choose. Here are a few relevant recommendations to meet the requirements for Home Service Workers in Illinois.**

1. CARE0901 – Improving Caregiver Empathy
2. CARE0500 – Overview of Cancer Care
3. CARE0504 – Overview of End of Life Care
4. CARE0803 – Safety Precautions & Falls Prevention: Part 2
5. CARE0700 – Maintaining a Clean & Healthy Environment (Infection Control)
6. CARE0204 – Observation, Reporting & Documentation: Part 2
7. CARE0205 – Observation, Reporting & Documentation: Part 3
8. CARE0202 – Clients' Rights, HIPAA & Elder Abuse Prevention

STATE REGULATION	CAREACADEMY CLASSES
Title 77 Section 245.71 (e)	
(e) All home services workers shall complete a minimum of eight hours of training during each year of employment to maintain placement availability, based on either a calendar year or an anniversary date basis, whichever is selected by the agency. The initial eight hours of training required in subsection (c) shall satisfy the annual training requirement for the home services worker's first year of employment. The annual training can include self-study courses with demonstration of learned concepts that are applicable to the employee's responsibilities. Training shall include:	
1.) Promoting client dignity, independence, self-determination, privacy, choice and rights	CARE0901 – Improving Caregiver Empathy CARE0500 – Overview of Cancer Care CARE0504 – Overview of End of Life Care
2.) Disaster procedures	CARE0803 – Safety Precautions & Falls Prevention: Part 2
3.) Hygiene and infection control	CARE0700 – Maintaining a Clean & Healthy Environment (Infection Control)
4.) Abuse and neglect prevention and reporting requirements	CARE0204 – Observation, Reporting & Documentation: Part 2 CARE0205 – Observation, Reporting & Documentation: Part 3 CARE0202 – Clients' Rights, HIPAA & Elder Abuse Prevention

**Initial Training Online: Illinois Homecare Aide**

24 hours, 13 topics: 2 hours of agency-specific training prior to assignment, 22 hours within 6 months of hire.

**CareAcademy offers a 22-hour training program to meet the requirements for Homecare Aides in Illinois.**

1. CARE0100 – What Does It Mean To Be A Professional Caregiver?
2. CARE0103 – Communicating with Older Adults
3. CARE0104 – Time Management & Organization Skills
4. CARE0107 – Working with an Aging Population
5. CARE0202 – Clients' Rights, HIPAA & Elder Abuse Prevention
6. CARE0203 – Observation, Reporting & Documentation: Part 1
7. CARE0204 – Observation, Reporting & Documentation: Part 2
8. CARE0205 – Observation, Reporting & Documentation: Part 3
9. CARE0300 – Assisting with Personal Care Through ADLs
10. CARE0403 – Overview of Mobility & Safety Equipment
11. CARE0404 – Assisting with Range of Motion Exercises
12. CARE0516 – Managing Breathing Difficulties
13. CARE0519 – Managing Respiratory Diseases
14. CARE0700 – Maintaining a Clean & Healthy Environment (Infection Control)
15. CARE0800 – Emergency Procedures
16. CARE0802 – Safety Precautions & Falls Prevention: Part 1
17. CARE0803 – Safety Precautions & Falls Prevention: Part 2
18. CARE0900 – Coping Skills for Caregivers
19. CARE0901 – Improving Caregiver Empathy
20. CARE0902 – Managing Job-Related Stress
21. CARE1102 – Overview of Mental Illness Care
22. CARE1201 – Communicating with a Person with Dementia

STATE REGULATION	CAREACADEMY CLASSES
Title 89 Chapter II Section 240.1535 (3)	
A) New employees shall receive 24 hours of initial pre-service training, including agency orientation of not more than 2 hours, prior to assignment to provide services to a CCP participant without a supervisor or trainer present (not to exceed a 6-month period from the training to first assignment). Initial homecare aide training shall be subject to a competency evaluation conducted by the agency and include all in-home services (see Section 240.210), as well as the following additional topics:	
i) The homecare aide's job responsibilities and limitations;	CARE0100 - What Does It Mean To Be A Professional Caregiver? CARE0104 - Time Management & Organization Skills CARE0107 - Working with an Aging Population CARE0900 - Coping Skills for Caregivers CARE0901 - Improving Caregiver Empathy CARE0902 - Managing Job-Related Stress
ii) Communication skills, including	CARE0103 - Communicating with Older Adults

communicating with special participant populations such as the hearing impaired and participants with dementia or other special needs;	CARE1102 - Overview of Mental Illness Care CARE1201 - Communicating with a Person with Dementia
iii) Observation, reporting and documentation of participant status and of the service furnished.	CARE0203 - Observation, Reporting & Documentation: Part 1 CARE0204 - Observation, Reporting & Documentation: Part 2 CARE0205 - Observation, Reporting & Documentation: Part 3
iv) Performance of specific service components of in-home services authorized under Section 240.210(a), including, but not limited to, personal care tasks for participants that are not medical in nature (e.g., shaving, hair shampooing and combing, bathing and sponge bath, shower bath or tub bath, toileting, dressing, nail care, respiratory services, brushing and cleaning teeth or dentures and preparation of appropriate supplies, positioning/transferring participant, and assisting participant with exercise/range of motion);	CARE0300 - Assisting with Personal Care Through ADLs CARE0404 - Assisting with Range of Motion Exercises CARE0516 - Managing Breathing Difficulties
v) Ability to assist in the use of specific adaptive equipment, if the aide will be working with participants who use the device;	CARE0403 - Overview of Mobility & Safety Equipment
vi) Basic hygiene and basic infection control practices; vii) Maintenance of a clean, safe and healthy environment;	CARE0700 - Maintaining a Clean & Healthy Environment (Infection Control)
viii) Basic personal and environmental safety precautions;	CARE0802 - Safety Precautions & Falls Prevention: Part 1 CARE0803 - Safety Precautions & Falls Prevention: Part 2
ix) Use of seclusion and restraint;	CARE0202 - Clients' Rights, HIPAA & Elder Abuse Prevention
x) Recognizing emergencies and knowledge of emergency procedures;	CARE0800 - Emergency Procedures
xi) Confidentiality of participant personal, financial and health information; xii) Knowledge and understanding of abuse and neglect prevention and reporting requirements;	CARE0202 - Clients' Rights, HIPAA & Elder Abuse Prevention
xiii) Respiratory services;	CARE0519 - Managing Respiratory Diseases

## Annual Training Online: Illinois Homecare Aide

12 hours per calendar year, 23 total topic areas.

CareAcademy offers dozens of classes from which to choose. Please review our full class library to select classes for the Homecare Aide annual training requirement in Illinois.

STATE REGULATION	CAREACADEMY CLASSES
Title 89 Chapter II Section 240.1535 (3)	
<p>C) thereafter, a minimum of 12 hours per calendar year of interactive, (face-to-face, audiovisual presentations, computer-based instruction, etc.) in-service training approved by the provider agency shall be mandatory for all homecare aides. Pre-service training shall fulfill the first 3 hours of in-service training required for new employees, except for homecare aides exempted under subsection (b)(3)(B). In-service training for homecare aides shall include at least 9 hours of training selected from among the following topics:</p>	
i) Promoting participant dignity, independence, self-determination, privacy, choice and rights;	<p><i>CareAcademy has a full class library with dozens of options for home care worker tasks and client-specific conditions.</i></p>
ii) Special characteristics of the elderly population; physical, emotional and developmental needs of the participant;	
iii) Recognizing participant abuse, neglect and/or exploitation; abuse and neglect prevention and reporting requirements;	
iv) Confidentiality of participant information;	
v) Communication skills;	
vi) Universal precautions, blood-borne pathogens and infection control;	
vii) Fire and life safety, including emergency procedures to be implemented under the agency's all hazards disaster operations plan;	
viii) Dealing with adverse behaviors (e.g., mental illness, depression and aggression);	
ix) Family dynamics;	
x) Diseases of the elderly; understanding Alzheimer's Disease and dementia;	
xi) Body mechanics and normal range of motion, transfer techniques and positioning;	
xii) Chronic illness, death and dying;	
xiii) Medicaid fraud and abuse	
xiv) Cultural diversity;	
xv) Food, nutrition and meal planning and preparation, including special diets;	
xvi) Maintenance of a clean, safe and healthy environment, including laundry and house cleaning skills;	
xvii) Appropriate and safe techniques in performing and assisting with personal care;	

xviii) Assistance with self-administered medications;	
xix) Recognizing changes in bodily functions that should be reported to the supervisor;	
xx) Respiratory services;	
xxi) Use of seclusion and restraint;	
xxii) First aid and/or CPR;	
xxiii) Understanding advance directives;	

**Initial Training Online: Illinois Home Service Worker**

8 hours, 14 topics: 4 hours prior to assignment, 4 hours within 30 days of hire.

CareAcademy offers an 11-hour training program to meet the requirements for Home Service Workers in Illinois.

1. CARE0100 – What Does It Mean To Be A Professional Caregiver?
2. CARE0103 – Communicating with Older Adults
3. CARE0202 – Clients’ Rights, HIPAA & Elder Abuse Prevention
4. CARE0203 – Observation, Reporting & Documentation: Part 1
5. CARE0300 – Assisting with Personal Care Through ADLs
6. CARE0400 – Assisting with Independent Living Through IADLs
7. CARE0204 – Assisting with Range of Motion Exercises
8. CARE0700 – Maintaining a Clean & Healthy Environment (Infection Control)
9. CARE0802 – Safety Precautions & Falls Prevention: Part 1
10. CARE0200 – Emergency Procedures
11. CARE1201 – Communicating with a Person with Dementia

STATE REGULATION	CAREACADEMY CLASSES
Title 77 Section 245.71 (d)	
<p>c) Each home services agency shall provide or arrange for a minimum of eight hours of training for each home services worker. Four hours of training shall be provided prior to the home services worker's first assignment, and the remaining four hours shall be provided within the worker's first 30 days after employment. The training shall include the components of subsection</p> <p>(d). The home services agency may accept proof that the worker has successfully completed a training program at or through another licensed home services agency within the prior year (previous 365 days) in lieu of providing or arranging for training, including a CNA who is approved on the Health Care Worker Registry. The agency shall give the home service worker, with proof of prior training within the prior year, and the CNA a competency evaluation prior to his or her first assignment. The home services agency shall not give a worker an assignment until the worker has first passed a competency evaluation given by the agency of the topics included in the first four hours of training. The competency evaluation shall ensure that the home services worker is competent to provide the services required in his or her first assignment. The worker shall be similarly tested following the remaining four hours of training.</p> <p>d) The placement agency may accept proof that the worker has successfully completed a training program at or through another licensed home services agency within the prior year (previous 365 days). The home services placement agency shall not give a worker an assignment until the worker has first passed a competency evaluation given by the agency. The competency evaluation shall ensure that the home</p>	

**Annual Training Online: Alzheimer’s Disease and Related Dementia Care All Staff Training**

3 hours, 4 topics each year

CareAcademy offers several classes from which to choose. Here are a few relevant recommendations to meet the requirements for Dementia Care Staff in Illinois. Feel free to choose where more than one class is listed as both can meet the topic requirement.

STATE REGULATION Title 77 Section 973.140 Staff Training	CAREACADEMY CLASSES
f) As of June 2, 2019, staff with direct access to clients with dementia shall receive 3 hours of advanced training on caring for individuals with Alzheimer’s disease and related dementias each year. The mandated training shall include, at a minimum:	
1) Promoting resident dignity, independence, individuality, privacy and choice;	CARE1202 – End of Life Dementia Care CARE1206 – Parkinson’s Disease Dementia
2) Resident rights and principles of self-determination;	<i>COMING SOON!</i> PAC0004 – Teepa Snow   The Art of Caregiving
3) Care of elderly persons with physical, cognitive, behavioral and social disabilities; and	CARE1203 – Managing Agitation & Aggression in Dementia
4) Effectively communicating with individuals with dementia.	CARE1201 – Communicating with a Person with Dementia
h) As of January 1, 2019, Alzheimer’s disease and related dementias services employers shall maintain training records and make them available to the Department on request. (Section 30 of the Act)	